

Name _____ Period _____ Roll _____

Muscle Quiz Upgrade Assignment

You will need to use the answer key to the quiz in order to complete this assignment. You can find it here- <http://bit.ly/musclequizkey>



1. How many muscles did you miss out of 8?
2. What % correct did you get right?
3. Which questions did you miss?
4. Write out the correct answers for each of the questions that you missed. (Be sure to include the question # and correct answer).
5. Using AT LEAST one sentence, describe why you missed this (these) muscles?
6. Using a complete sentence for each, list 3 strategies you can utilize to do better on your next muscle quiz.
7. If you could give Mr. Sickler advice on how he can teach muscles better, what would you tell him? Are there any resources you think he could give you to make you more successful?
8. Using a complete sentence for each, describe 2 reasons why you think it is important to learn your muscles?